

## Blue Care Medical Centre

Check Up Schemes	HS-BS (M/F)	HS-EL (M/F)	HS-NU (M/F)	HS-SM (M)	HS-SF (F)
Original Price:	HKD1,650	HKD3,680	HKD4,100	HKD9,500	HKD9,800
<b>Special Price:</b>	<b>HKD850</b>	<b>HKD1,750</b>	<b>HKD2,100</b>	<b>HKD4,650</b>	<b>HKD4,750</b>
Complete Physical Exam by Doctor		✓	✓	✓	✓
Medical History & Health Questionnaire	✓	✓	✓	✓	✓
<b>Physical Exams</b>					
Height, Weight & Blood Pressure	✓	✓	✓	✓	✓
BMI & Waist/Hip Ratio	✓	✓	✓	✓	✓
Visual Acuity and Colour Vision			✓	✓	✓
Hearing Test by Tuning Fork				✓	✓
<b>Haematological Tests</b>					
Complete Blood Count	✓	✓	✓	✓	✓
ESR	✓	✓		✓	✓
<b>Diabetes Mellitus</b>					
Glucose (Fasting)	✓	✓	✓	✓	✓
HbA1C			✓	✓	✓
<b>Liver Function Test</b>					
SGOT / AST				✓	✓
SGPT / ALT	✓	✓	✓	✓	✓
Alkaline Phosphatase		✓	✓	✓	✓
Gamma GT				✓	✓
Total Bilirubin & Total Protein				✓	✓
Albumin & Globulin				✓	✓
<b>Hepatitis Status</b>					
Hepatitis A - HAV Ab Total				✓	✓
Hepatitis B - HBsAg & HBsAb		✓		✓	✓

Arthritis Screening					
Uric Acid (Gout)		✓	✓	✓	✓
Lipid Profile					
Cholesterol (Total)	✓	✓	✓	✓	✓
Cholesterol (HDL & LDL)		✓	✓	✓	✓
Triglycerides	✓	✓	✓	✓	✓
Kidney Function					
Creatinine	✓	✓	✓	✓	✓
Urea		✓	✓	✓	✓
Thyroid Function					
T4		✓		✓	✓
TSH			✓	✓	✓
Serology					
VDRL				✓	✓
Urine Examination					
Urine Analysis	✓	✓	✓	✓	✓
Stool Examination					
Occult Blood		✓		✓	✓
Stool Routine				✓	✓
Cardiac Function					
Resting ECG	✓	✓	✓	✓	✓
Treadmill Stress Test				✓	
X-ray					
Chest X-ray	✓	✓	✓	✓	✓
Lung Function Test					
Vitalograph		✓		✓	
Osteoporosis Screening					
DEXA (Spine and Hip)*					✓

Tumour Markers					
Alpha-fetoprotein (Liver)				✓	✓
EBV for NPC				✓	✓
Prostate Specific Antigen				✓	
Female Check					
Pelvic & Breast Examination					✓
Pap Smear					✓
Mammogram (for age 40 or above only) or Breast Ultrasound (for age below 40 only)#					✓
Report & Follow up					
Lab report with Doctor's comment	✓	✓	✓	✓	✓
Medical Report Review by doctor		✓	✓	✓	✓
Dietitian Consultation					
Nutrition Screening & Consultation Service^ (around 45 - 60 minutes)			✓		

Additional Check-up Items (Optional)	Price
Medical Report Review by doctor (For Plan BS only)	HKD180
Mammogram	HKD1,100
Bone Density – DEXA (Spine and Hip)*	HKD650
Treadmill Stress Test	HKD1,800
Tumour Marker	
Pap Smear – female only	HKD320
Prostate Specific Antigen (PSA) – male only	HKD360
Alpha-fetoprotein (AFP)	HKD300
EBV serology for NPC EB	HKD380
Ultrasound#	
Upper Abdomen Ultrasound (Liver, Gall Bladder, Kidney, Pancreas, Spleen)	HKD2,000
Breast Ultrasound (Female)	HKD980
Pelvis Ultrasound (Female)	HKD980

Breast & Pelvis Ultrasound (Female)	<b>HKD1,800</b>
<b>Others Laboratory Test</b>	
Hepatitis A – HAV Ab Total	<b>HKD270</b>
Hepatitis B – HBsAg & HBsAb	<b>HKD300</b>
<b>Additional Vaccination Items (Optional)</b>	<b>Price</b>
Hepatitis A Vaccine (2 doses in total)	<b>HKD960 / 2 doses</b>
Hepatitis A and Hepatitis B Combined Vaccine (3 doses in total)	<b>HKD1,620 / 3 doses</b>
Shingles Vaccination (1 dose in total) <i>(Free doctor consult before the vaccination)</i>	<b>HKD1,280 / 1 dose</b>

\* DEXA is conducted available in Central Clinic or designated Imaging Centre in Kwun Tong

# Ultrasound is conducted in the designated Imaging Centre in Central/ Mongkok / Kwun Tong

^To be provided by HKU SPACE Dietetic Clinic at North Point.

The price of optional items are subject to change without prior notice.