

# PRESTIGE

**Bull run continues  
as stocks reap rate-hike benefits**

**Risks loom for emerging markets?  
Fundamentals strong for  
Asia amid external volatility**



**恒生銀行**  
HANG SENG BANK

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## “Q4 Investment Outlook” Seminar

The arrival of June bore witness to the reignition of the once subsiding trade war between China and the US with the latter again responding to the “Made in China 2025” strategy, leaving global stocks shrouded in mist. Across the pond, the political drama rumbles on in the eurozone’s third-largest economy Italy. Relations between North Korea and the US may be improving but the path to the denuclearisation of the Korean Peninsula is expected to be rugged. In the face of market uncertainty, how may investors steer clear of risk while putting their wealth to work?

Prestige Banking proudly presents the “Q4 Investment Outlook” Seminar featuring Mr. Thomas Shik, Chief Economist & Head of Economic Research, Hang Seng Bank Limited and Mr. Chris Tam, Head of Client Solutions & Institutional Business, Hang Seng Investment Management Limited. The seminar will explore the global market outlook and investment opportunities for the fourth quarter of 2018, helping you to make sense of important market intelligence for your investment planning.

<b>Date</b>	: 13 October 2018 (Saturday)
<b>Time</b>	: 2:00pm - 4:00pm
<b>Venue</b>	: 24/F, Penthouse, Hang Seng Bank, 83 Des Voeux Road Central
<b>Language</b>	: Cantonese
<b>Registration</b>	<p>Please register through the following channels on or before 4 September 2018:</p> <p>☎ 2998 9188 (9:00am - 9:00pm) or</p> <p>👤 “Hang Seng Hong Kong Personal Banking” WeChat Official Account</p> <p>👤 HangSeng_HK (動態消息 &gt; 尊尚活動)</p>

Seats are limited. **Successful registrants will be notified of the event details by SMS message on or before 4 October 2018.** Customers whose registration has been unsuccessful will also be notified by SMS message.

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## Speakers:



**Mr. Thomas Shik**  
Chief Economist &  
Head of Economic Research  
Hang Seng Bank Limited



**Mr. Chris Tam**  
Head of Client Solutions &  
Institutional Business  
Hang Seng Investment Management Limited

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## Bull run continues as stocks reap rate-hike benefits



*Halfway through 2018, Hong Kong stocks have fared worse than last year with bumpier performance. A case in point was the big February correction, which has since left investors wondering: Is the bull market on its last legs? Adjunct Professor of City University of Hong Kong and financial commentator Dr Chan Yan-chong states that the bull market in stocks remains intact and is not ready to shift to bear territory. Regardless of market corrections, he points out, many stocks boast strong earning capacity and performance, and investors should not base their decisions solely on indices.*

**T**he first-half market performance has not weighed too heavily on Chan Yan-chong. “With a rather moderate 10% dip from 33,000 to around 30,000, one can only describe the correction as more lengthy than dramatic,” he explains. “In early June, the Hang Seng Index (HSI) reclaimed the 31,500 threshold. The correction narrowed further to a 5% range. What we see now is hardly a bearish sign but a fluctuating market.”

### Hong Kong stock still on bull run

The recent correction was indeed a sign of health, Chan notes, because the rise at the year’s dawn was way too sharp and too wild. “The HSI had reached 30,000 by the end of 2017 and ushered in 2018 with a euphoria-inducing surge above 33,000. In fact, 30,000 was already a high, which broke the 28,588 record of the 2015 stock market big time.”



Nobody at the dawn of 2017 predicted such a fantastic year for the stock market, notes Chan, saying that the return to rationality is good for investors.

“More importantly still, we could see how the 50 HSI constituent stocks perform against each other if we look close enough. For instance, Hong Kong bank stocks chalked up fresh records in recent months on the back of satisfactory business performance and favourable factors such as the interest rate hikes. Certain oil stocks also rallied on the resurging oil prices,” he says. More than 10 constituent stocks hit new highs during the HSI correction, revealing that the performance of individual sectors can vary. “Note that those are major blue chips and not small-cap stocks, which can be speculated to generate much higher returns. Record highs are typically backed by strong fundamental factors,” he adds.

### Beware of trade-war impacts

China-US trade tensions constitute the biggest concerns for stock markets across the globe. The trade ties between the two countries have been elusive with the hasty measures made easily hitting a nerve with investors. Chan says that the future of China-US relations is unpredictable to the average person and that investors may find it worthwhile to steer clear of trade and export stocks. During the US Federal Reserve’s rate hike cycle, he suggests, investors could take advantage of real estate investment trusts (REITs). “In theory, the REIT returns is consistent with interest rate hikes. But then of course, investors should remain cautious and pick those with the potential for rent increases above bank rates.”

As the tit-for-tat tariff dispute between China and the US continues, Chan observes, the EU seems to be taking the brunt of the blow. Since the Trump administration was unable to settle the dispute with the EU on steel and aluminium tariffs before the deadline, the former will go ahead and put steel and aluminium tariffs of respectively 25% and 10% on the EU. The EU has stated that it will slap tariffs on US goods in retaliation.

### Trump policies in perspective

“A global trade war can always impose a drag on stock market performance. This is a testing time for stock markets and individual stocks. Just as the EU announced retaliatory tariffs on US agricultural exports yet, China has previously agreed to increase purchases of US agricultural products. The reality is that the US can get ready buyers for its goods at the flick of a switch. Trump’s next trade move is to sort out the US automotive industry. In a world that favours vehicles from Japan and Germany, the volume of US car sales simply cannot compare. Heavy tariffs on cars would mean a huge blow to Japan and Germany.”

The above information is quoted as of 1 June 2018.



*Financial commentator Chan Yan-chong*

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# Risks loom for emerging markets?

## Fundamentals strong for Asia amid external volatility

*The US dollar mounts a rally on the heels of the accelerating rate hike pace. This exposes the country's relatively feeble economic fundamentals as capital exodus and currency slide lurk in emerging markets including Turkey, Venezuela and Argentina. Belle Liang, Head of Investment Advisory of Hang Seng Bank Limited believes that the present external volatility should not be a major worry because strong fundamentals of Asia will prevail.*

**A**mong the latest victims of the US dollar strength are Turkey, Venezuela and Argentina in which the danger of capital flight and a currency slide loom large. Liang points out that the trio are plagued by current account deficits and unstable economics. Investors tend to divert their capital from these countries as risk-aversion sentiment rises, which in turn causes ripples in the stock, bond and currency markets.

### Tables turned in emerging markets

"Today's emerging markets are not what they were a decade ago. Their bond markets and economic structures are also different. Such emerging giants as China, Brazil and India constitute a large component of most emerging-market indices. The inclusion of China's A-share in the MSCI Emerging Markets Index following means that onshore and offshore Chinese shares now make up a considerable weight of the index, rendering the influence of Argentina and its economic counterparts rather insignificant. There was also a major change in the index constituent stocks line-up, which no longer comprises traditional sectors such as energy, telecommunications or manufacturing. Instead, it is led by the IT sector."

Global political uncertainty continues to spike. China-US trade tensions put investors' nerves to the test. All things considered, Liang stresses, such issues have yet to deal a heavy blow to emerging markets or the Asian economy.

"The economic and monetary strength of emerging giants is no longer as it has been. Domestic consumption has steadily become these countries' economic pillar, which contributes greatly to their resilience. As such, the capital flight pressure has been rather slight. This is also because emerging markets have not recovered fully from the capital exodus triggered by Taper Tantrum in 2013," Liang says, adding that many of the emerging countries do have the capability and tools to tackle the current external fluctuation. The Indonesia central bank, for instance, raised its benchmark rate by 25bps to 4.75% at an out-of-cycle meeting on 30 May so as to curb capital outflows.

"In fact, the stock markets across emerging markets logged a total capital outflow of US\$3.8 billion from the peak of this year since early May. This figure is by no means staggering considering that a net capital inflow of US\$52.4 billion has remained intact since the dawn of 2018. Besides, the Asian stock markets in emerging markets still recorded capital inflows of about US\$1.2 billion during the same period."

### Political and economic scenes in Asia comparatively stable

Of the many emerging markets, those in Asia look particularly rosy. "First of all, we have intimate knowledge of the Asian economy. Mainland China and Hong Kong's stocks are the key



*Ms. Belle Liang,  
Head of Investment Advisory of Hang Seng Bank Limited*

components of the Asian market. Political stability also gives Asia the upper hand."

In recent years, many countries seek to beef up their foreign reserves in a bid to boost their resilience against the impact of currency volatility. The International Monetary Fund's Guidelines for Foreign Exchange Reserve Management requires a minimum equivalence of three months' import values. Currently, all the Asian economies have managed to stay above this threshold with Malaysia posting the lowest of 6.2 months. This demonstrates Asia's stronger resilience against capital outflows. Meanwhile, the market predicts that Asia (excluding Japan) will post an annual profit growth reaching 14.4% this year and a price-earnings ratio drop to 13. Valuations should remain reasonable. The performance of Asian currencies over the last few years has been more stable than that of other emerging markets. These currencies are expected to remain investor favourites. She also believes that Asia will continue to develop towards a service economy fuelled by domestic consumption. Related sectors such as IT, healthcare and consumer goods can expect to reap the benefits.

The above information is quoted as of 15 June 2018.

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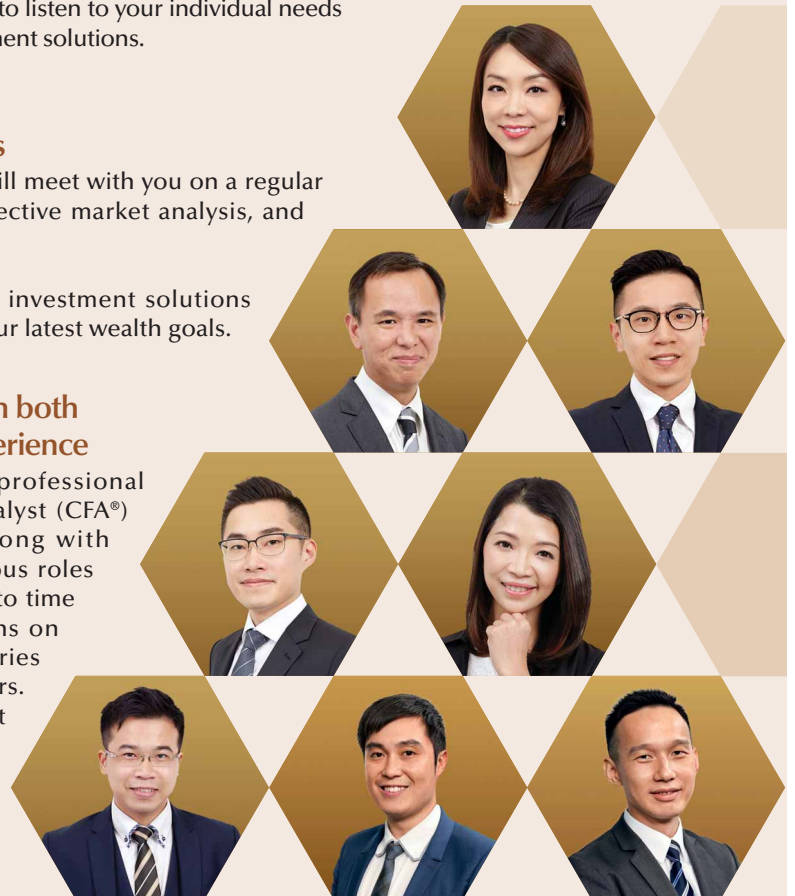
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We have enjoyed fabulous feasts and shopping for goodies during the trip with up to 15x Cash Dollars to boot. We even booked a table at a Michelin-starred restaurant through the personal concierge service and treated ourselves to a sumptuous meal with complimentary sake. What a wonderful way to wrap up our journey!



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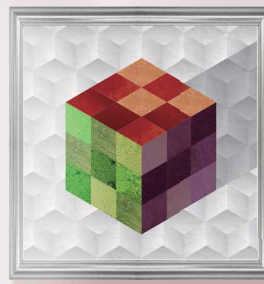
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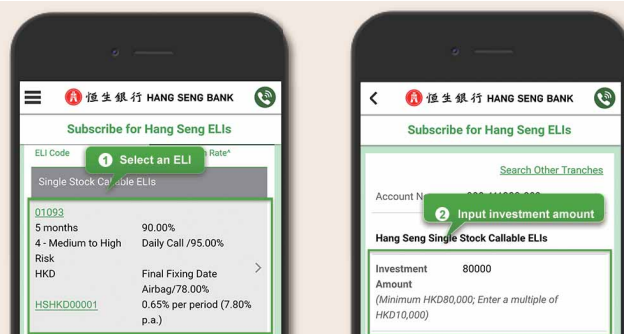
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There are other life insurance plans and health insurance schemes for selection, please contact our branch staff for details.

The above Life Insurance Plans (with the exception of Global Supreme Health Insurance Scheme) are underwritten by Hang Seng Insurance Company Limited which is authorized and regulated by the Insurance Authority of the HKSAR. Hang Seng Bank is an insurance agent authorized by Hang Seng Insurance Company Limited and the product is a product of Hang Seng Insurance Company Limited but not Hang Seng Bank. In respect of an eligible dispute (as defined in the Terms of Reference for the Financial Dispute Resolution Centre in relation to the Financial Dispute Resolution Scheme) arising between Hang Seng Bank and you out of the selling process or processing of the related insurance product transaction, Hang Seng Bank will enter into a Financial Dispute Resolution Scheme process with you; however any dispute over the contractual terms of the insurance product should be resolved between Hang Seng Insurance Company Limited and you directly.

The above information is a product summary for reference only. Product offer and details, please refer to the product brochure, (Life Insurance: Participating Insurance Products illustration, and Life Insurance illustration) when reading the above, and refer to the contract for the detailed terms and conditions and fee schedule. Please also refer to the contract of Relevant Scheme for detailed coverage, exclusions, terms and conditions. For details of the Plan and the policy terms, please contact any Hang Seng Bank Branch. Hang Seng Insurance will provide a specimen copy of the policy provision upon request.

The above mentioned health insurance scheme is underwritten by Bupa which is authorised and regulated by the Insurance Authority in Hong Kong. Hang Seng Bank is an insurance agent authorised by Bupa for the exclusive distribution of the Relevant Scheme. Subscription will be payable to Bupa upon application of Relevant Scheme. Bupa would provide the Bank the relevant commission and performance bonus in accordance to the selling of Relevant Scheme. The existing sales staff remuneration policy offered by the Bank would take into account various aspects of the staff performance but not solely on the sales amount. In respect of an eligible dispute arising between the Bank and the customer out of the selling process or processing of the related transaction, the Bank is required to enter into a Financial Dispute Resolution Scheme process with the customer; however any dispute over the contractual terms or performance (claims and service) of the product should be resolved directly between Bupa and the customer. HealthPro Concierge Service is provided by Bupa.

## Additional Phone Banking Services by Using 'Hang Seng Voice ID'

'Hang Seng Voice ID' is now in place to make your Phone Banking journey simpler and faster. Your identity can be verified by your unique voice with the advanced voice biometric technology. From now on, you may perform the additional Phone Banking Services via Voice ID.

You may perform the following additional Phone Banking Services by using 'Hang Seng Voice ID' authentication when accessing the designated phone banking hotlines. Furthermore, you must be able to receive SMS (mobile phone number in our Bank's record) in order to perform the following additional Phone Banking Services:

- Transfer to non-registered third-party Hang Seng accounts<sup>1</sup>
- Transfer to non-registered other local bank accounts (CHATS)<sup>1</sup>
- Overseas transfer to non-registered beneficiary accounts<sup>1</sup>
- Add new third-party Hang Seng account or other local bank accounts for registered account transfer service (including transfer via Hang Seng Personal e-Banking or Phone Banking)



- Set up standing instruction for fund transfer<sup>2</sup>
- Update Hang Seng Personal e-banking / ATM / Phone Banking channel non-registered account daily transfer limit
- Update contact information

### Prestige Banking 24-Hour Manned Service Hotline: 2998 9188

1. The maximum daily limit for transfer to non-registered accounts via Phone Banking is HK\$100,000 (including transfer to non-registered third-party Hang Seng accounts, other local bank accounts (CHATS) and overseas beneficiary account).

2. The maximum transfer limit for setup fund transfer standing instruction is HKD50,000 per instruction.

Terms and conditions apply. For details of the steps and the required information to proceed additional Phone Banking Services by 'Hang Seng Voice ID', please visit [hangseng.com/voicid](http://hangseng.com/voicid).

## Eat right for health and satisfaction

*Kathy Ng recommends nutrient-dense diets and lower intakes of high-sugar, high-fat sauces and meats.*



*Include two portions of fruits in your daily diet to build up a nutrients bank.*

### Healthy summer fruits

In the summer heat, heavy sweating can cause dehydration and drain away electrolytes and water-soluble vitamins. Fresh cooling seasonal fruits loaded with nutrients save the day.

**Watermelon:** | Rich in vitamins B1 and B6 as well as natural antioxidants vitamins A and C which help shield the body against attacks by free radicals.

**Dragon fruit:** | High in dietary fibre to prevent constipation, with polyphenol antioxidants and beta lacin to help thwart chronic conditions such as cancer and cardiovascular disease.

**Peach:** | Loaded with antioxidants such as chlorogenic acid, quercetin and vitamin C, helping to fight free radical damage and reduce oxidation in the body so as to prevent illnesses brought on by long-term free radical attacks.

**H**ong Kong people are choosy eaters constantly on the lookout for gourmet experiences. Nutritionist Kathy Ng at the Hong Kong Nutritionists Society points out that many people suffer from “hidden hunger” unknowingly. “With an excess intake of some nutrients, our cells would become oblivious of the deficiency of other nutrients,” Ng explains. “For instance, we feel full after a hefty intake of fat and sugar contents. In fact, we may not be getting an adequate supply of nutrients. This is when hidden hunger occurs.”

### Say no to high-sugar high-fat foods

Leading a hectic lifestyle, people in Hong Kong eat out a lot. They tend to favour high-sugar, high-fat foods and shy away from fruits and vegetables, allowing hidden hunger to lurk behind the scenes. “Aside from undesirable dietary habits, other factors such as illnesses and pregnancy can also contribute to hidden hunger,” says Ng, adding that hidden hunger as a result of the long-term deficiency of certain minerals or vitamins can cause fatigue, diminished immunity and delayed convalescence.

### Calcium essential to vitamins B and C top-ups

Ng notes that urban diets lack vegetables and fruits, which promise abundant dietary fibre, multiple vitamins and minerals. The risk for a deficiency in vitamin B complex, vitamin C and calcium can be rather high. The need for vitamin B complex is even greater for people who smoke and drink. Although vitamin B complex can be acquired from various types of fresh meats, eggs and legumes, Ng says, a deficiency is not uncommon because the body simply craves for this essential nutrient.

Fresh fruits such as orange, kiwifruit and blueberries as well as vegetables like capsicum, tomatoes and leafy greens have vitamin C in abundance. However, restaurant menus do not usually offer fruits. An unstable molecule, vitamin C can also be lost during blanching or destroyed easily by cooking. Therefore, it takes more than daily food consumption to get the necessary quantity of vitamin C.

Meanwhile, milk and dairy products as well as hard tofu and bony fish such as sardines and noodlefish come with ample calcium, which can be absorbed more efficiently with a healthy helping of vitamin D. While intakes of sea fish, liver, egg yolks and lean meat can replenish vitamin D, the most effective way of getting this essential nutrient though is to go soak up the sun. However, most city dwellers would rather keep out of the summer sun and enjoy the gentle breeze of an air-conditioner within the cool confines of an indoor space, sadly at the expense of vitamin D absorption.

### Adopt a healthy diet

Kathy Ng emphasises that the key to a healthy diet is quality, not quantity:

1. Steam instead of blanching or boiling vegetables to maximise their nutritional value
2. Eat two portions of vitamin C-rich fruits (ie, a medium-sized apple) like orange, blueberries and strawberries to facilitate iron absorption for iron-deficiency anemia prevention
3. Aside from dairy intakes, try a drink of hot milk with eggs to boost calcium intake